

# October Minooka Intermediate/ Junior High Lunch Menu 2022

**Student Meal \$3.00**  
Includes: Entrée, Fruit,  
Vegetable, & Milk  
White Milk 11G \$0.40  
Chocolate Milk 20G \$0.40  
Lactaid Milk 13G \$0.90

**\*\*\*MENU  
SUBJECT TO  
CHANGE\*\*\***

Questions contact the  
Food Service Director  
Cindy Day at:  
630-747-1427

Nutritional information  
is provided as a  
courtesy, Quest nor  
Minooka School District  
201 can guarantee  
its accuracy.

In accordance with  
Federal law and the US  
Department of  
Agriculture policy, this  
institution is prohibited  
from discrimination on  
the basis of race, color,  
national origin, sex age,  
or disability.

<p>3 <b>NEW</b> Crispy Chicken Sticks 11G Sweet Potato Fries 24G Milk Fruit &amp; Vegetable Bar</p>	<p>4 All Beef Meatball Sub w/Marinara &amp; Cheese Milk Fruit &amp; Vegetable Bar</p>	<p>5 <b>NEW</b> Penne Alfredo Pasta 47G Milk Fruit &amp; Vegetable Bar  Fruit Slushy 22G</p>	<p>6 Cheesy Chicken Nachos 31G Fiesta Beans 33G Salsa 4G Milk Fruit &amp; Vegetable Bar</p>	<p>7 <b>Early Release</b> Cocoa Puffs Bowl Yogurt Cup Cheese Stick Milk Fruit &amp; Vegetable Bar  Fruit Roll Up 11G</p>
<p>10 No School  </p>	<p>11 French Toast Sticks w/ Syrup 56G *Sausage Links 2G Milk Fruit &amp; Vegetable Bar  *Contains Pork</p>	<p>12 BBQ Chicken Flatbread Pizza 64G Milk Fruit &amp; Vegetable Bar</p>	<p>13 Chicken Tenders 12G Baked Beans 30G Dinner Roll 13G Milk Fruit &amp; Vegetable Bar</p>	<p>14 Bosco Sticks 32G Marinara Sauce 3G Milk Fruit &amp; Vegetable Bar  Carnival Cookie 27G</p>
<p>17 Popcorn Chicken w/ BBQ Sauce 46G Potato Smiles 21G Milk Fruit &amp; Vegetable Bar</p>	<p>18 Turkey Sausage Breakfast Pizza 31G Hash Brown 13G Milk Fruit &amp; Vegetable Bar</p>	<p>19 Grilled Cheese Sandwich 30G Cup of Tomato Soup 20G Milk Fruit &amp; Vegetable Bar</p>	<p>20 Pizza Burger W Marinara Sauce &amp; Cheese on Whole Wheat Bun 34G Baked Beans 30G Milk Fruit &amp; Vegetable Bar  Blueberry Lemon Cookie 21G</p>	<p>21 Chicken Ranch Wrap 49G (Diced Chicken, Cheese, Lettuce &amp; Ranch) Milk Fruit &amp; Vegetable Bar</p>
<p>24 Stuffed Crust Pizza 36G Milk Fruit &amp; Vegetable Bar</p>	<p>25 Crispy Chicken Sandwich served on Whole Grain Bun 43G Tater Tots 24G Milk Fruit &amp; Vegetable Bar</p>	<p>26 Curly Pasta w/ Meatballs 59G Garlic Breadstick 28G Milk Fruit &amp; Vegetable Bar</p>	<p>27 Chicken Nuggets 16G Baked Beans 30G Dinner Roll 13G Milk Fruit &amp; Vegetable Bar</p>	<p>28 Chicken &amp; Cheese Burrito Served on a Whole Grain Wrap 29G Salsa 3G Fiesta Beans 33G Milk Fruit &amp; Vegetable Bar</p>
<p>31 All Beef Hot Dog On a Whole Wheat Bun 27G Baked Beans 30G Milk Fruit &amp; Vegetable Bar  Halloween Slushy 23G</p>				

# October Minooka K-4 Lunch Menu 2022

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Vegetable, & Milk  
White Milk 11G \$0.40  
Chocolate Milk 20G \$0.40  
Lactaid Milk 13G \$0.90

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3 <b>NEW</b> Crispy Chicken Sticks 11G Sweet Potato Fries 24G Milk Fruit & Vegetable Bar	4 <b>NEW</b> Homemade Cheese Pizza on Whole Grain Crust 26G Milk Fruit & Vegetable Bar	5 <b>NEW</b> Cheeseburger Macaroni 29G Dinner Roll 13G Milk Fruit & Vegetable Bar	6 Cheesy Chicken Nachos 31G Fiesta Beans 33G Salsa 4G Milk Fruit & Vegetable Bar	7 <b>Early Release</b> Confetti Pancakes 36G Turkey Sausage Links 0G Milk Fruit & Vegetable Bar  Fruit Roll Up 11G
10 No School  	11 Chicken Tenders 12G Baked Beans 30G Dinner Roll 13G Milk Fruit & Vegetable Bar	12 Turkey & Cheese Lunch-able 14G White Cheddar Popcorn 13G Milk Fruit & Vegetable Bar	13 French Toast Sticks w/ Syrup 56G *Sausage Links 2G Milk Fruit & Vegetable Bar  *Contains Pork	14 Bosco Sticks 32G Marinara Sauce 3G Milk Fruit & Vegetable Bar  Carnival Cookie 27G
17 Popcorn Chicken w/ BBQ Sauce 46G Potato Smiles 21G Milk Fruit & Vegetable Bar	18 Pancake & Turkey Sausage on a Stick w/ Syrup 46G Hash Brown 21G Milk Fruit & Vegetable Bar	19 Grilled Cheese Sandwich 30G Cup of Tomato Soup 20G Milk Fruit & Vegetable Bar  Fruit Snacks 21G	20 All Beef Hamburger on Whole Wheat Bun 26G Baked Beans 30G Milk Fruit & Vegetable Bar	21 Make Your Own Cheese Pizza-able 40G (Cheese, Marinara & Flatbread) Milk Fruit & Vegetable Bar  Emoji Graham Crackers 21G
24 Sun Butter & Grape Jelly Sandwich 47G Baked Cheetos 16G Milk Fruit & Vegetable Bar	25 Crispy Chicken Sandwich served on Whole Grain Bun 43G Tater Tots 24G Milk Fruit & Vegetable Bar  Scooby Graham Snacks 21G	26 Curly Pasta w/ Meatballs 59G Garlic Breadstick 28G Milk Fruit & Vegetable Bar	27 Chicken Nuggets 16G Baked Beans 30G Dinner Roll 13G Milk Fruit & Vegetable Bar	28 Trix Cereal Bowl 24G Yogurt Cup 15G Cheese Stick 1G Milk Fruit & Vegetable Bar
31 All Beef Hot Dog On a Whole Wheat Bun 27G Baked Beans 30G Milk Fruit & Vegetable Bar  Halloween Slushy 23G				